

HEALTH CARE INFORMATION LINE

Advice is just a phone call away, anytime day or night. If you have a medical concern at three in the morning or simply need some sound medical advice, all you have to do is pick up the phone to speak to a registered nurse or get automated information on hundreds of topics.

You can reach the Health Care Information Line (HCIL) at the following toll-free numbers. Use the number for the country you are calling from:

| Country: | Toll-free Number*: |
|----------------------|---|
| Bahrain | 888-475-9233 |
| Belgium | 0800-71920 |
| Denmark | 800-17357 |
| Germany | 0800-825-1600 |
| Greece | 008-001-1815-3044 |
| Iceland | 00-800-22255288, then 1-888-866-7942 |
| Italy | 800-877660 |
| Netherlands | 0800-0227944 |
| Norway | 800-12635 |
| Portugal | 800-800-128, then 1-888-866-7943 |
| Spain | 900-93-1193 |
| Turkey | 00-800-13815-9042 |
| United Kingdom | 0800-896409 |
| United States | 1-888-866-7943 |

*current as of October 2002

Choose from one of two options:

AudioHealth Library™ — With over 450 topics to choose from, the AudioHealth Library gives you practical, easy-to-understand information on a wide variety of health topics.

Registered Nurse — A Registered Nurse will assist you with everyday health decisions and provide health counseling. The nurse can help you decide what to do or can suggest self-care measures when you are faced with a current health condition. If you're dealing with a chronic condition such as diabetes or asthma, the HCIL can provide you valuable information on your condition and help you work with your doctor to evaluate the risks, benefits, and alternatives of various tests, treatments, and care options.



Your Passport to
Quality Health